Women Disproportionately Affected by Poverty

An analysis of the 2016 American Community Survey by The Women’s Foundation finds that women continue to be disproportionately affected by poverty in the District of Columbia, and that among women, single women with children and women of color are more likely to live below the poverty threshold—$20,420 for a family of three in 2016.

Close to 120,308 residents in the District were living below the poverty line during 2016. More than half (67,249) were women and girls. This figure translates to a poverty rate of 19.7 percent, the highest poverty rate for women and girls among the jurisdictions that comprise the Washington region.¹ The poverty rate for men and boys in the District is 17.3 percent, also the highest among men and boys in the Washington region.

In the District of Columbia, poverty rates have fluctuated with the economy, but no long-term progress has been made. Women’s poverty rates have remained well above men’s poverty rates for every year since 2006.

Women Raising Families on Their Own

An estimated 12,479 families in DC with children under 18 had incomes below the poverty level in 2016—about a third (29.5 percent) of all poor families with children under 18 in the Washington region. Single parent families—especially female-headed households—were more likely to live in poverty.
Female-headed households with children reached a poverty rate of 42.1 percent; while only about 2.0 percent of married-couple families in a comparable group lived below poverty. Of families with children living in poverty in DC, 89.7 percent were headed by single women.

**Women’s Poverty Across Racial and Ethnic Groups**

Women of color experience disproportionate levels of poverty across racial and ethnic groups and have a greater probability of falling below the poverty threshold than men or their White counterparts.

Black and Latina women face high rates of poverty in the District of Columbia; 28.9 percent of Black women and 18.9 percent of Latinas live below the poverty level, poverty rates much higher than the 7.8 percent rate for White, non-Hispanic women.

<table>
<thead>
<tr>
<th>Race</th>
<th>Poverty Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
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</tr>
<tr>
<td>Latina</td>
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<tr>
<td>White</td>
<td>7.8%</td>
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</tbody>
</table>

Fig 4. Poverty Rates by Race and Ethnicity, 2016

1. Estimates for the Washington region include data from: Washington, DC; Montgomery County, MD; Prince George's County, MD; Arlington County, VA; Alexandria City, VA; and Fairfax County, VA.

2. The BEST Index measures the income a working adult requires to meet his or her basic needs—without public or private assistance. Each BEST Index component is a conservative estimate of need, and the BEST does not include any “extras” such as vacations, entertainment, electronics, gifts or meals out. As a result, those living below an economically secure income may go without, make difficult choices among basic needs, or forgo economic security by not fully developing savings. For detailed information on expense components, including data sources and assumptions used in specific calculations, see the Index expenses and savings definitions. Additional information can be found in The Basic Economic Security Tables: United States Methodology and Supplemental Data, available at [http://www.wowonline.org/wp-content/uploads/2013/05/Basic-Economic-Security-Tables-United-States-Methodology-Report-2010.pdf](http://www.wowonline.org/wp-content/uploads/2013/05/Basic-Economic-Security-Tables-United-States-Methodology-Report-2010.pdf).

This Fact Sheet was prepared by Claudia Williams, Research and Evaluation Program Officer at the Washington Area Women’s Foundation. To obtain more related data on the status of women and girls in the Washington region and details on the methodology to obtain such data please consult our issue briefs available at [https://thewomensfoundation.org/resources/](https://thewomensfoundation.org/resources/).