Women Disproportionately Affected by Poverty

An analysis of the 2016 American Community Survey by The Women’s Foundation finds that women continue to be disproportionately affected by poverty in Arlington County, and that among women, single women with children and women of color are more likely to live below the poverty threshold—$20,420 for a family of three in 2016.

Close to 18,298 residents in Arlington County were living below the poverty line during 2016. More than half (10,902) were women and girls. This figure translates to a poverty rate of 9.6 percent. The poverty rate for men and boys is 6.5 percent.

Arlington County made progress in alleviating poverty among women and girls between 2005 and 2007, reducing its rate from 9.2 percent to 6.0 percent. However, following the Great Recession, women’s poverty rates increased sharply between 2008 and 2013. The poverty rate for women remains higher in 2016 than it was before the recession.

Women Raising Families on Their Own

An estimated 1,584 families in Arlington County with children under 18 had incomes below the poverty level in 2016. Single parent families—especially female-headed households—were more likely to live in poverty.

Fig 2. Poverty Rates in Arlington County, 2006–2016
The Women’s Foundation’s analysis of the American Community Survey, 2006-2016

Fig 3. Poverty Rates for Families with Children under 18, 2016
The Women’s Foundation’s analysis of the American Community Survey, 2016
Female-headed households with children reached a poverty rate of 19.3 percent; about 4.4 percent of married-couple families in a comparable group lived below poverty. Of families with children living in poverty, 45.8 percent were headed by single women.

Women’s Poverty Across Racial and Ethnic Groups

Women of color experience disproportionate levels of poverty across racial and ethnic groups and have a greater probability of falling below the poverty threshold than men or their White counterparts.

As in other jurisdictions in the region, Black and Latina women face high rates of poverty in Arlington County: 21.9 percent of Black women and 20.1 percent of Latinas live below the poverty level, poverty rates well above the 4.8 percent rate for White, non-Hispanic women.

DEFINING POVERTY

A family of three was considered to live below the poverty line in 2016 if their total pre-tax annual income was $20,420 or less. Living with an income of $40,840 for a family of three—twice the poverty level income—was still insufficient to make ends meet in our region during 2016. According to the Basic Economic Security Tables (BEST), a family of three composed of one worker, an infant and a school-aged child requires at least an approximate annual income of $85,680 in Arlington County to meet their basic needs without receiving any public or private assistance.

1 Estimates for the Washington region include data from: Washington, DC; Montgomery County, MD; Prince George’s County, MD; Arlington County, VA; Alexandria City, VA; and Fairfax County, VA.

2 The BEST Index measures the income a working adult requires to meet his or her basic needs—without public or private assistance. Each BEST Index component is a conservative estimate of need, and the BEST does not include any “extras” such as vacations, entertainment, electronics, gifts or meals out. As a result, those living below an economically secure income may go without, make difficult choices among basic needs, or forgo economic security by not fully developing savings. For detailed information on expense components, including data sources and assumptions used in specific calculations, see the Index expenses and savings definitions. Additional information can be found in The Basic Economic Security Tables: United States Methodology and Supplemental Data, available at http://www.wowonline.org/wp-content/uploads/2013/05/Basic-Economic-Security-Tables-United-States-Methodology-Report-2010.pdf.

This Fact Sheet was prepared by Claudia Williams, Research and Evaluation Program Officer at the Washington Area Women’s Foundation. To obtain more related data on the status of women and girls in the Washington region and details on the methodology to obtain such data please consult our issue briefs available at https://thewomensfoundation.org/resources/