Women Disproportionately Affected by Poverty

An analysis of the 2016 American Community Survey by The Women's Foundation finds that women continue to be disproportionately affected by poverty in Fairfax County, and that among women, single women with children and women of color are more likely to live below the poverty threshold—$20,420 for a family of three in 2016.

Close to 66,681 residents in Fairfax County were living below the poverty line during 2016. Slightly more than half (37,087) were women and girls. This figure translates to a poverty rate of 6.5 percent, the lowest poverty rate for women and girls among the jurisdictions that comprise the Washington region. The poverty rate for men and boys is 5.3 percent, also the lowest in the region.

As in other jurisdictions in the Washington region, the Great Recession had a substantial impact in Fairfax County, resulting in a sharp increase in women’s poverty rates from 5.0 percent in 2008 to 7.6 percent in 2011.

Despite some progress in reducing women's poverty rates, they remain higher than before the Great Recession.

Women Raising Families on Their Own

An estimated 7,995 families in Fairfax County with children under 18 had incomes below the poverty level in 2016. Single parent families—especially female-headed households—were more likely to live in poverty.

As in other jurisdictions in the Washington region, the Great Recession had a substantial impact in Fairfax County, resulting in a sharp increase in women’s poverty rates from 5.0 percent in 2008 to 7.6 percent in 2011.
Female-headed households with children reached a poverty rate of 22.0 percent, while 2.1 percent of married-couple families in a comparable group lived below poverty. Of families with children living in poverty, 59.0 percent were headed by single women.

**Women’s Poverty Across Racial and Ethnic Groups**

Women of color experience disproportionate levels of poverty across racial and ethnic groups and have a greater probability of falling below the poverty threshold than men or their White counterparts.

As in other jurisdictions in the region, Black and Latina women face high rates of poverty in Fairfax County; 14.9 percent of Black women and 10.3 percent of Latinas live below the poverty level, rates well above the 3.8 percent rate for White, non-Hispanic women.

<table>
<thead>
<tr>
<th>Race</th>
<th>Poverty Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
<td>14.9%</td>
</tr>
<tr>
<td>Latina</td>
<td>10.3%</td>
</tr>
<tr>
<td>White</td>
<td>3.8%</td>
</tr>
</tbody>
</table>

Fig 4. Poverty Rates by Race and Ethnicity, 2016

The Women’s Foundation’s analysis of the American Community Survey, 2016

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**DEFINING POVERTY**

A family of three was considered to live below the poverty line in 2016 if their total pre-tax annual income was $20,420 or less. Living with an income of $40,840 for a family of three—twice the poverty level income—was still insufficient to make ends meet in our region during 2016. According to the Basic Economic Security Tables (BEST), a family of three composed of one worker, an infant and a school-aged child requires at least an approximate annual income of $82,572 in Fairfax County to meet their basic needs without receiving any public or private assistance.

1 Estimates for the Washington region include data from: Washington, DC; Montgomery County, MD; Prince George’s County, MD; Arlington County, VA; Alexandria City, VA; and Fairfax County, VA.

2 The BEST Index measures the income a working adult requires to meet his or her basic needs—without public or private assistance. Each BEST Index component is a conservative estimate of need, and the BEST does not include any “extras” such as vacations, entertainment, electronics, gifts or meals out. As a result, those living below an economically secure income may go without, make difficult choices among basic needs, or forgo economic security by not fully developing savings. For detailed information on expense components, including data sources and assumptions used in specific calculations, see the Index expenses and savings definitions. Additional information can be found in The Basic Economic Security Tables: United States Methodology and Supplemental Data, available at [http://www.wowonline.org/wp-content/uploads/2013/05/Basic-Economic-Security-Tables-United-States-Methodology-Report-2010.pdf](http://www.wowonline.org/wp-content/uploads/2013/05/Basic-Economic-Security-Tables-United-States-Methodology-Report-2010.pdf).

This Fact Sheet was prepared by Claudia Williams, Research and Evaluation Program Officer at the Washington Area Women’s Foundation. To obtain more related data on the status of women and girls in the Washington region and details on the methodology to obtain such data please consult our issue briefs available at [https://thewomensfoundation.org/resources/](https://thewomensfoundation.org/resources/)